

# SUPERVISION IN A THINKING ENVIRONMENT

Supervision is an opportunity for professionals to reflect deeply on their practice. To do this well they need to think well. And to think at their best they need another professional to listen to them and, by invitation, to offer input to generate more insight.

When a Thinking Environment is the agreed framework of the supervision session, the supervisee has the best chance of producing the most valuable insights of all: their own.

In a Thinking Environment the Supervisor's primary job is to generate fresh and fine thinking from the Supervisee.

## PRE-REQUISITES TO ATTEND:

The course is designed for Coaches who are actively using the Thinking Environment in their work and practice.

The Thinking Partnership course.  
To be qualified as a Time to Think Coach.  
To have attended the Foundation course.

## Understanding of the findings of a Thinking Environment:

Review your understanding of all the findings of the Thinking session including the need behind all questions used in a Thinking session

## Reading:

You will be provided with online reading/resources ahead of the course. The following books are also required reading:

The promise that changes everything - Nancy Kline  
More Time to Think - pages 190-191  
The heart of coaching Supervision - pg 147-168

# THE PRACTICUM

The practicum guidelines are the minimum requirement for qualification.

Within two weeks of finishing the course I'd like you to create a personalised learning plan for the practicum which will form the basis of your learning journey into 'being' a Thinking Environment Supervisor.

## Practise:

The 1:1 Supervision Process once with three different people.

Practise Group Supervision process twice with a group of at least three people plus yourself.

*Provide written notes of your planning and learning of these sessions to inform a discussion about your learning with your practicum faculty.*

## Written work:

Bring together your learning and freshest thinking about 'being' a Time to Think Coaching Supervisor in an essay/written reflection.

The intention is to bring together your learning from the course, your practical sessions as well as any reading you do on what you think it means to be a Time to Think Coaching supervisor and how this will integrate / inform your practice.

Drawing on case studies from your practical sessions this could include your thoughts on:

- Your purpose/role as a Time to Think supervisor
- How the components support you and your clients
- How the Thinking Environment can support clients 1:1 and with the dynamics that can occur in groups
- Boundaries, contracting, ethics and conflicts of interest
- How you might integrate other models into a Thinking Environment
- Your view on the Positive philosophical choice in relation to supervision

This list is not meant to be prescriptive, or restrictive. We can discuss this during our 1:1 sessions and create a really beautiful question for you to think about as an essay title/framework.

## Thinking sessions:

Maintain twice weekly the practice of having Thinking Sessions that encompass the explicit building of Incisive Questions.

## LOGISTICS

You have up to 4 hours of my time during the practicum which includes reading and responding to your written work.

We will have 2/3 45-60 minute calls where we can go over your questions, address any gaps in your knowledge and think together on any challenges you're facing.

I need to receive your written work, reflections and any questions a minimum of one week before our calls.